

PRE-DEPARTURE TRAVEL CHECKLIST

NOTE: This list is intended for those embarking on a long-term travel itinerary. For those leaving on shorter trips, many items will still be relevant. Disregard those not applicable to you.

MONTH'S PRIOR

- ✓ Get required vaccinations
- ✓ Travel Insurance

WEEK PRIOR

- ✓ Deal with reoccurring payments. Set to a vacation plan or cancel
 - Rent, cable/utilities, cell phone, gym membership, Amazon prime/Netflix, Car Insurance, etc..
- ✓ File travel plan with your bank (debit card) and credit cards. Let them which countries you will be traveling in.
- ✓ Buy last minute items needed
- ✓ Get back items borrowed to friends and family
- ✓ Make arrangements for pets (buy extra supplies)
- ✓ Prepare any boxes you will be having sent to you as re-supply
- ✓ Pick-up International Driving Permit at AAA
- ✓ Exchange some US Dollars for local currency if possible
- ✓ Get copies of doctor's prescriptions from offices;
 - Contacts, Eye Glasses, Antibiotics, Birth Control, Allergy (Epi-Pen), etc....
- ✓ Fill / Pick-up prescriptions at the pharmacy
- ✓ Register with S.T.E.P. (Smart. Traveler. Enrolment. Program.) so the US State Department knows to hold a seat on the plane for you if US citizens are evacuated from the country you are in.
- ✓ Winterize motorcycle and small gas engine machines in garage
- ✓ Check I-Pass / Easy Pass Toll Balance
- ✓ Get haircut, trim fingernails and toenails

RESEARCH

- ✓ Check the destination weather (monsoon season, hurricane, snow storms, earthquakes, etc..)
- ✓ Check the current political & economic situation (any changes since planning?)
- ✓ Make sure you have a plan for when an account like Venmo, your bank or Gmail try to send you a pin-code authorization to verify your account over a foreign provider's network. Will you be able to accept it?
- ✓ Download public transit maps for the destination country (if available)

DAY BEFORE

- ✓ Clean House, Laundry (Sheets), Clean Shower, Clean Out Refrigerator, etc.
- ✓ Check-In for flight
- ✓ Confirm reservation at hostel / hotel in destination country
- ✓ Pack
- ✓ Download offline maps and set waypoints (to have map function without cell service)
- ✓ Withdraw US dollars to have cash on hand packed with you

DAY OF

- ✓ Unplug electric devices (refrigerator?)